



LOOSE SENIOR CITIZEN CENTER NEWS

FEBRUARY 2007

The LSCC mission is to provide and coordinate responsive programs and services, which enhance the dignity, support the independence, and offer stimulating and meaningful opportunities for adults age 50 and older living in the Southern Lakes region.

ADDRESS

707 N. Bridge Street
Linden, MI 48451

NEW!!OFFICE HOURS

Mon. & Wed. 9 a.m. to 6 p.m.
Tue., Thur., Fri. 9 a.m. to 4 p.m.

Phone: (810) 735-9406
Fax: (810) 735-4255

BOARD OF DIRECTORS

Carl Gabrielson, President
Ron Wagner, Vice-President
Alberta Martin, Secretary
Ken Wensel, Treasurer
Bob Cole
Cheryl King
David Lossing
Ken Maxwell
Leslie Scott
Parker Smith

STAFF

Executive Director

Marjorie Hodges

Executive Assistant

Debbie Hancock

Receptionist

Cheryl Rex

Maintenance

John Gordon

Find us on the Web!

www.looseseniorcenter.org

We accept Visa!

Sign up for trips & events online

Dear Friends:

This month the Loose Center has been in business for 10 years serving area senior citizens with programs, activities and services. Many of you attended the special 10 year celebration on January 18. Over 100 people joined us for an enjoyable and memorable evening. We remembered the past with Pat Lockwood and Elsie Wermuth. I spoke about the present LSCC and who we are today, and we took a glimpse into the future with our Board President, Carl Gabrielson.

With the Genesee County Senior Services Millage passing last August, we are hopeful that additional funding will be available soon. The Center has struggled over the past years to secure enough funding to meet the operational expenses of the Center and to adequately address a growing number of serious senior needs. Funding from the millage, along with our current resources, will put the Center in good financial standing. This will allow us to move forward and tackle many of the challenges facing us now. It is a clear that senior transportation for better access to services, facility updates and additional program development top the list!

Seniors are living longer and the baby boomers are here! Our Center is expanding to meet their new demands for more services and programs. Our programs have grown to include evening activities, dance classes, a support group, fitness programs, bridge and catered dinners. These are a few of our new offerings that are held weekly.

As we look to the future you will see even more services, educational opportunities and social recreation available through the Center. We look forward to serving you!

Warm regards,

Marjorie Hodges
Executive Director

Beginning Feb. 1st, New Office Hours: Mon. & Wed. 9 am-6 pm.

Winter Inclement Weather Policy

****JUST A REMINDER****

During the Winter months, Loose has an inclement weather policy. When the Linden Schools are closed due to weather conditions, the Loose Senior Citizen Center will be closed. Local television and radio stations will list the latest school closings.

LSCC February 2007

Monday Tuesday Wednesday Thursday Friday

<p>Loose Senior Citizen Center 707 North Bridge Street Linden, MI 48451-9652 Phone: 810-735-9406</p>	<p>NEW!! Office Hours: Mon. & Wed. 9:00-6:00 Tue., Thur., Fri. 9:00-4:00</p>	<p>Check it out, Loose has an Internet site! www.looseseniorcenter.org</p>	<p>9:00 Indoor Walking 10:00 Cards & More at SLP&R 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking 1:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking 1:00 Euchre Tournament</p>	<p>9:00 Senior Friday/FCC 9:00 Indoor Walking 10:00 Life Story 1:00 Table Tennis 6:00 Bridge Income Taxes by Appointment Only</p>
<p>9:00 Indoor Walking 10:00 Painting 12:30 Pinochle 1:00 Senior Winter Games Begin 2:00 Pocket Pool/Table Tennis 6:00 TOPS Weigh-in 6:30 Beach Ball Volleyball</p>	<p>9:00 Indoor Walking 10:00 Loose Threads 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking 1:30 Line Dance 6:00 Swing Dance</p>	<p>9:00 Indoor Walking 10:00 Tap Dance 12:00 Wood Carving 12:30 Pinochle/Puzzles 2:00 Pocket Pool/Table Tennis 2:30 Indoor Walking 6:00 Alzheimer's Support Group</p>	<p>8:00 Board Meeting 9:00 Indoor Walking 10:00 Cards & More at SLP&R 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking</p>	<p>9:00 Senior Friday/FCC 9:00 Indoor Walking 9:00 Mott Lifelong Learning 1:00 Table Tennis 6:00 Bridge Income Taxes by Appointment Only</p>
<p>9:00 Indoor Walking 9:00 Message 10:00 Painting 11:00 Potluck 12:30 Pinochle 1:00 Book Club 6:00 TOPS Weigh-in 6:30 Beach Ball Volleyball</p>	<p>9:00 Indoor Walking 10:00 Loose Threads 10:00 CSFP 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking 1:30 Line Dance 6:00 Swing Dance</p>	<p>9:30 Coffee Hour <i>All Other Regular Activities Cancelled Due To Senior Winter Games</i></p>	<p>9:00 Indoor Walking 10:00 Cards & More at SLP&R 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking 5:30 Catered Dinner</p>	<p>9:00 Senior Friday/FCC 9:00 Indoor Walking 10:00 Life Story 1:00 Table Tennis 6:00 Bridge Income Taxes by Appointment Only</p>
<p>9:00 Indoor Walking 10:00 Painting 12:30 Pinochle 2:00 Pocket Pool/Table Tennis 6:00 TOPS Weigh-in 6:30 Beach Ball Volleyball</p>	<p>10:00 Loose Threads 10:30 Item Repair Seminar 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking 1:30 Line Dance 6:00 Swing Dance</p>	<p>9:00 Indoor Walking 10:00 Tap Dance 10:00 Senior Winter Games End 12:00 Wood Carving 12:30 Pinochle/Puzzles 2:00 Pocket Pool/Table Tennis 2:30 Indoor Walking</p>	<p>9:00 Indoor Walking 10:00 Cards & More at SLP&R 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking</p>	<p>9:00 Senior Friday/FCC 9:00 Indoor Walking 9:00 Lifeline Screening 1:00 Table Tennis 6:00 Bridge Income Taxes by Appointment Only</p>
<p>9:00 Indoor Walking 9:00 Message 10:00 Painting 11:00 Blood Pressure Checks 12:30 Pinochle 2:00 Pocket Pool/Table Tennis 6:00 TOPS Weigh-in 6:30 Beach Ball Volleyball</p>	<p>9:00 Indoor Walking 10:00 Loose Threads 10:00 Podiatrist 10:45 Stretching for Seniors 12:00 Euchre/Bridge/Hand&Foot 12:00 Indoor Walking 1:30 Line Dance 6:00 Swing Dance</p>	<p>9:00 Indoor Walking 10:00 Tap Dance 11:30 OLB to Linden Hotel 12:00 Wood Carving 12:30 Pinochle/Puzzles 2:00 Pocket Pool/Table Tennis 2:30 Indoor Walking</p>	<p>Senior Winter Games Opening Ceremonies at the Burton Senior Center February 5th at 1:00 pm</p>	<p>Senior Winter Games Closing Ceremonies at the Knights of Columbus In Davison February 21st 10:00am</p>

FEBRUARY EVENTS

Euchre Tournament
Thursday, February 1st
1:00 p.m. in Loose Hall.
Entry fee is \$5.00
Cash Prizes

Sign up in the Loose Office by Tues, January 30

**February "Out to Lunch Bunch"
Linden Hotel**

Wednesday, February 28 at 11:30.
Cost: \$8.50

Choice of Several Entrees,
also includes dessert, taxes and gratuity.
Call or sign up at the Loose office

Daytime Potlucks at the Loose Center
On the 2nd Mondays of the month
11:00-12:30

Join us for our next one on February 12!
Entertainment provided!

We are looking for hosts and hostesses!
If you are interested, call the office.

Bring a dish to pass that serves 6-8 and your own place setting. Please let us know if you will be attending

Catered Dinner Night
at the Loose Center
Thursday, February 15
5:30 p.m.

Cost: \$8:00

A wonderful dinner catered by V.G.s.
Entertainment provided

Save this future catered dinner date:
Thursday, March 15 at 5:30 p.m., Cost: \$8:00
Includes Entertainment and a magnificent meal catered by Luis Fernandez from the Captain's Club.

Thanks to all of you who gave so generously to our "Giving Tree"! It was so full of beautiful items that you couldn't even see the branches. Your donations will keep the chill of Winter at bay for so many fortunate people! Thank you for being so kind this holiday season.



Life Line Screening

Friday, February 23 from 9:00 a.m.-5:00 p.m.

These non-invasive, completely painless, vascular screenings take about 10 minutes each and are offered for just \$45 (or all three for just \$109). Have all three tests and the Osteoporosis test (\$35) for a special price of \$129. Results are reviewed by physicians and mailed back to you in 21 days. Call 1-800-324-1851 for your appointment or for more information. A Lipid Panel, a CRP and a Glucose Test will also be available for \$99. Get all 6 tests for \$179. Contact Karin Povish at 248-685-8443 by February 12th and receive a \$10 discount.

Free Income Tax Preparation

AARP sponsored Income Tax preparation and E-Filing is offered at the Loose Center on Fridays by appointment only.

Volunteers can help file tax and tax credit forms for low to moderate income senior citizens.

Call the office at 810-735-9406 to make your appointment



Come Join the Fun at Beach Ball Volleyball!

A fun, indoor activity meant to improve your level of fitness. Open to men and women.

Mondays 6:30 p.m.-7:30 p.m.

in Loose Hall

Cost: \$2.00 per week

Sign up in the Center office or stop in and take a look!

Upcoming Seminars:

How to Repair Toilets and Sinks

John Taylor of Taylor Hardware gives helpful tips.

Tuesday, February 20 at 10:30 a.m.

Art of Self Healing

Wednesday, March 14 at 10:30 a.m.

Home Care Repairs

John Taylor of Taylor Hardware gives helpful tips.

Tuesday, March 20 at 10:30 a.m.

Call and reserve your space by the Monday prior to your choice of seminar.

UPCOMING EVENTS

Free Hearing Clinic

Friday, March 2nd

12:30 p.m.—3:30 p.m.

- Wax Removal, etc.
- Hearing Aid Check
- Hearing Tests & Evaluations

By Hear Clear

Call the office for an appointment

Wood Carving Seminar

Del Cutter, Reknowned Wood

Carver, will be holding a wood carving clinic on Eyes, Ears, Nose on March 7 from 12:00p.m.-2:00p.m. Call the Loose Office to sign up or for more information.



The 1st Annual "Unforgettable" Senior Prom

Brought to you by
Flint's Unforgettable WFNT 1470 AM

Monday, May 21

5:00p.m.-9:00 p.m.

Cost: \$5.00/person

Tickets Available in April

Lifelong Learning for Seniors Program

(Previously Applewood Café at Mott)

This program provides an interesting speaker each month.

February's topic is

"The Where, What, When and How of Flowers"

Vogt's Flower's president, Kreg Kruger, and associate, Rhonda Morgan. Door prizes and a bouquet for everyone!

Friday, February 9 at 9:30 a.m.

Call or sign up at the Loose office by Wednesday, Feb. 7

March's topic is "Meet the Author"

Friday, March 9 at 9:30 a.m.

Michigan author, Jeff Fenzel, shares with the group Prah Center Ballroom at Mott Community College \$10.00 per person which includes lite refreshments and door prizes.

Call or sign up at the Loose office by Wednesday, March 7
Plan to meet at Loose and carpool at 8:45 a.m.

Book Club Everyone Welcome!

The next meeting will be Monday

**February 12th . This group meets every
2nd Monday of the month at 1:00 p.m.
in Loose Hall**

Join us for book reviews and discussion. Members of this group may share and/or listen as others review the latest book they have read. Please let us know if you will be attending 735-9406

Coming in March "The Bank Beat"

Sponsored by the State Bank

An opportunity for seniors to come once a month for help with banking issues.

Balance checkbook

Read statements

Using auto-pay

Investing in CDs

Getting organized

Filing ideas

Two opportunities a month:

At Loose Center on the **Third Wednesday** of the month from 11:00 a.m.-12:00 noon.

At Senior Friday at the Fenton Comm. Center on the **Third Friday** of the month from 9:30 a.m. – 10:00 a.m.

Informational Seminar about "The Bank Beat" at Senior Friday on March 16, 9:30 am-10:00 am
Featuring Debbie Hoeglund.

Whiting Auditorium Cultural Opportunity

Whiting Auditorium provides wonderful programs close to home. With enough interest in a program, we can get group rates. We are compiling a list of people interested in the events listed below. Please call or stop in at the Center office and let us know you are interested.

Hairspray

Saturday, Feb. 10 at 2:00 pm

Cost: \$24 (payment due Fri. Feb. 2)

Leahy

Sunday, Feb. 25 at 4:00 pm

Cost: \$15 (payment due Fri. Feb. 16)

Mannheim Steamroller

Sunday, March 25 at 7:00 pm

Cost: \$19 (payment due Fri. Mar. 16)

Joseph & the Amazing Technicolor Dreamcoat

Saturday, April 7 at 3:00 p.m.

Cost \$19 (payment due Fri. Mar. 30)

Riverdance

Tuesday, June 12 at 4:00 p.m.

Cost \$19 (payment due Fri. June 1)

We will arrange for public transportation whenever possible at a cost of \$3.00 for the round trip.

ARTS AND CRAFTS

LOOSE THREADS Tuesdays, 10 a.m. to 12 p.m., hand or machine stitching, quilting, knitting and crocheting. Call Anna Morey at (810) 735-7996.

PAINTING GROUP Mondays, 10 a.m. to 12 p.m. Beginners to advanced are welcome, watercolor and acrylic. Help is available from our volunteer instructor.

WOOD CARVERS Wednesdays, 12 to 2 p.m. Group open to men and women with or without experience. Individuals make their own projects.

CRAFT CLASSES such as jewelry and rubber stamping offered throughout the year. If you have ideas, let us know.

GAMES AND RECREATION

EUCHRE/BRIDGE/SCRABBLE

Tuesday and Thursday at 12:00 p.m.
Ask us about the special beginner Euchre tables. Also, we now have Friday Evening Bridge at 6:00 p.m.

HAND & FOOT Let us know if you would like to play this fun card game. Times are available.

PINOCHLE Mondays and Wednesdays, 12:30 to 3 p.m.

POCKET POOL Wednesdays and Fridays, 1 to 3 p.m. Call for other available times.

TABLE TENNIS (Ping Pong) Wednesdays, 4 to 5 p.m., call for other available times.

CARDS & MORE

Play bridge, euchre, pinochle, poker and dominoes. Join the fun at the newly renovated Old Lake Fenton High School on Thursdays from 10:00-2:00 p.m. School lunch is available but must be ordered and paid for one week in advance. Lunch order forms available in the Loose Office. More information through Southern Lakes 591-0080.

ONGOING ACTIVITIES

FREE LENDING LIBRARY/JIGSAW PUZZLES AND PUZZLE STATION

Browse through our library and puzzle selection; take them out on loan or work our puzzle at the puzzle station.

FENTON CHAPTER OF AARP Meets at 1:00 p.m. at the Shiawassee Shore Retirement Clubhouse on the 2nd Wednesday of each month. This month's topic: Identity Theft Awareness with Carolyn Eaglin from State Attorney Mike Cox's Office. Call 714-1225 for more information.

COFFEE HOUR

2nd Wednesday, 9:30 a.m.
coffee, hot chocolate, tea and donuts will be available. Bring a friend or a neighbor! Meet new LSCC members!

WRITE YOUR LIFE STORY

The first and third Friday of every month 10:00-11:30 a.m. Marian Wright leads this group. This program is designed to give seniors an opportunity to learn how to write their life stories through helpful guidelines and class discussion. Seniors who don't wish to write are encouraged to orally share their stories. Come and join this great group!

LSCC & FCC HOST A DAY OF SENIOR ACTIVITY

SENIOR FRIDAY 9 a.m. to 3:30 p.m. at the Fenton Community Center. Sponsored by the State Bank.

Social Hour	9:00 to 10:30 a.m.
Bingo	10:30 a.m. to 12:00 p.m.
Lunch	12:00 to 12:30 p.m. \$3.00
Bunco/Cards	12:30 to 3:30 p.m.
Line Dancing	2:00 to 3:30 p.m.

Arts and Crafts 2nd Friday, 12:30 to 2:30 p.m.
Cost: \$2.00; RSVP October 11

Health Clinic 1st and 3rd Friday 9:00 to 10:30 a.m.

Senior Friday Lunch Menu \$3.00
RSVP by Wednesday each week.

February 2 Mexican Fiesta, Salad & Dessert
February 9 Hot Dogs, Baked Beans, Chips, Dessert
February 16 Lasagna, Bread, Salad & Dessert
February 23 Pizza, Salad, Bread, Ice Cream & Cake
(January birthday celebrants eat for free on this day)

HEALTH & FITNESS

SOCIAL/SWING DANCE CLASSES

NEW SESSION! Tuesday, 6 to 7:30 p.m., Choose between a 45 minute Night Club Two-Step or a 45 minute Fox Trot Class, or do both for one low price. Instructor Terri Sweet will teach a six-week course. Pre-registration required!

LINE DANCE

Tuesdays, 1 to 2:30 p.m. at LSCC and Fridays, 2 p.m. at Fenton Community Center. Instructor, Ann Grate, develops and choreographs dances to use all parts of the body. Come have fun and get fit. No fee is required; however, donations are accepted.

TAP DANCING Wednesdays, 10 to 11 a.m. Instructor Norma Jean Wilke teaches intermediate tap dancing. Cost is \$3.00 per session.

INDOOR WALKING HOURS Check calendar as times and schedule are subject to change due to new or special events. Call the office for other available times.

Monday	9:00 a.m.-Noon
Tuesday	9:00 a.m.-10:30 a.m. Noon-1:00 p.m.
Wednesday	9:00 a.m.-10:00 a.m. 2:30-3:30 p.m.
Thursday	9:00 a.m.-10:30 a.m. Noon-3:30 p.m.
Friday	9:00 a.m.-3:30 p.m.

STRETCHING FOR SENIORS

Tuesdays and Thursdays
10:45 to 11:45 a.m.

Cost is \$2.50 per session or pre-pay for one low price.

Instructor Sara Wrage says, "Immobility takes away the health and proper function of the body. Moving and stretching will create renewal of energy and a feeling of well-being."

Join us for fun and socializing while you exercise! Exercises are geared toward regenerating strength, movement and increasing range of motion. Everyone can benefit from this type of chair exercise. Stop by, see the class and ask questions!

TOPS (Take off Pounds Sensibly) Mondays, 6:00 p.m.,

HEALTH SERVICES

FREE BLOOD PRESSURE CHECKS AT LOOSE
4th Monday every month from 11:00 to 12:00 noon; sponsored by Argentine Care Center. No appointment necessary.

FREE HEALTH CLINIC AT FENTON COMMUNITY CENTER 1st and 3rd Friday every month from 9 to 11 a.m.; sponsored by Avalon Hospice. Free glucose testing and blood pressure checks will be available. No appointment necessary.

GET WELL WISHES Sunshine Lady - Mildred Austin will send a card to anyone who is ill; call her(810)735-4147.

MASSAGE THERAPY

New Added Day!

Certified Massage Therapist Donna Roberts visits every Second and Fourth Monday, 9 a.m. to 12 p.m. The cost is \$10 for each 15 minute session. Relax and enjoy a back or foot massage. Releases stress and promotes healthy living. Sign up for a 15 minute or half hour session. Call for a reservation.

MEDICAL EQUIPMENT AVAILABLE ON LOAN (Free) crutches, walkers, canes and wheelchairs are available. Contact Nancy Stockham at (810) 629-2384 or Linda Lewis at (810) 735-5755. Loose has a limited selection, ask for details.

PODIATRIST Dr. Richard Behnan, will hold his next clinic on **Tues., February 27** from 10 a.m. until noon by appointment only. Services include toenail trimming, corn and callous removal. Billing will be made to Medicare. If you have an HMO, bring a letter of referral from your primary care physician. Call for an appointment.

DENTAL HYGIENE CLINIC Dental check-ups at a reduced rate. (810) 762-0493

EYECARE AMERICA FREE EXAMS (800) 222-3937

PRESCRIPTION DISCOUNT PROGRAMS

The Genesee County Health Access Program, a program to help find ways to meet health care needs can be found at [Http://healthaccessprogram.org](http://healthaccessprogram.org) or call 810-232-4200.

Connection to Care, a program from Pfizer can be found at <http://www.pfizerhelpfulanswers.com/ConnectCare.aspx>

Partnership for Prescription Assistance, a program to help the uninsured or low-income can be found at pparx.org. Or call 1-888-4PPA-NOW (1-888-477-2669).

ASSISTANCE PROGRAMS

COMMODITIES SUPPLEMENTAL FOOD PROGRAM

(CSFP) 2nd Tuesday, 10 to 11:30 a.m.; call the Center for eligibility requirements.

HOME HEATING EMERGENCY 1-800-292-5650

KEEPING INDEPENDENT SENIORS SAFE PROGRAM

(KISS) is designed to assist older adults 55 or older living in Genesee County to live safely and securely in their own homes. Contact RSVP at (810) 760-1092.

MEALS ON WHEELS (810) 235-3567

MEDICARE/MEDICAID/FOOD STAMP ASSISTANCE PROGRAM

(MMAAP) Need help with your Medicare paperwork, but don't know where to go or whom to ask? Our MMAAP volunteer is available by appointment.

MiCAFE

Michigan's Coordinated Access to Food for the Elderly

**Could you use some
extra money in your pocket?**

Genesee County seniors (age 60+) can apply for food benefits from the Food Assistance Program in a one-on-one interview with a staff member.

This program offers financial assistance, guidance and budgeting for meals; The average monthly benefit for senior households in Michigan is about \$78! Make an appointment today!

CONSUMERS PROTECTION SERVICES (810) 341-5923

Genesee County Sheriff's Department's mission is to provide information, guidance and redress to customers regarding sales and service.

SOCIAL SECURITY ADMINISTRATION

(800) 772-1213 or www.ssa.gov

VETERANS & SURVIVORS

Access to long-term care in the home, respite care, and prescription coverage. For more information: Genesee County (810) 257-3068, Shiawassee County (989) 743-2231

VETERANS ADMINISTRATION

(810) 257-3068 or (800) 827-1000

TAX PREPARATION/E-FILING February through April at LSCC for low/moderate income seniors by appointment only. Sponsored by AARP. Call the office for details.

LEGAL SERVICES

LEGAL HOTLINE FOR MICHIGAN SENIORS

Free legal advice over the telephone for Michigan residents age 60+. The legal hotline will also assist Michigan Retirees and those soon to retire resolving problems related to their retirement benefits. The Pension Project provides: basic advice about pension laws and pension rights; information on survivor benefits, defined benefit plans and the rights of divorced persons; resolving pension problems with employers; and referrals to experienced pension attorneys when litigation is needed. 1-800-347-5297 or www.elderslaw.org

ATTORNEY GENERAL'S OFFICE

Consumer Protection/Complaint Intake Office (877) 765-8388

ELDER ABUSE HOTLINE (800) 996-6228

LAWYER REFERRAL SERVICE (800) 968-0738

LEGAL SERVICES OF EASTERN MICHIGAN

(800) 339-9513 or (810) 234-2621

NATIONAL SENIOR CITIZENS LAW CENTER

www.nslc.org or www.seniorlaw.com

DISABILITY SERVICES

NEWSLINE FOR THE BLIND OF MICHIGAN

With this free service and your touch-tone phone, you can read the news whenever you want. Those interested in the program may call 1-877-632-6424 or visit online at www.nfbmi.org.

COMMUNICATION ACCESS CENTER FOR THE DEAF/ HARD OF HEARING (810) 239-3112

DISABILITY NETWORK (810) 239-3112

LEADER DOGS FOR THE BLIND (888) 777-5332

LIBRARY FOR THE BLIND/PHYSICALLY HANDICAPPED (810) 732-1120

MICHIGAN COMMISSION FOR THE BLIND
(810) 760-2030

NEWSPAPERS FOR THE BLIND

Call to have the news read to you each day at (810) 762-3656

VISUALLY IMPAIRED CENTER (810) 235-2544

FUNDRAISING

SPARTAN STORES will donate \$20/1000 UPC labels. Drop them off at the Loose Center office

ALPINE RECEIPTS will donate 1% of the total cash register receipts turned in. Please **do not** cut off the bottom of receipts; we need the whole receipt to get credit.

VG'S RECEIPTS will donate 1% of the total cash register receipts turned in. You may cut off the bottom of the receipt, and turn the bottom portion that contains the community share points into the Center.

CELL PHONES The Center has partnered with the National Council on Aging (NCOA) to raise funds for our Center. We are collecting used cell phones. Please drop them off at the Center in the drop box in the foyer.

2007 RUMMAGE SALE

The Center is taking items for our biggest fundraiser of the year to be held on April 20-21.

All items must be clean and in working condition. Large items will be accepted the week before the sale.

EMPLOYMENT & VOLUNTEER OPPORTUNITIES

OLDER WORKER EMPLOYMENT PROGRAM

SPONSORED BY VAAA Anyone age 55+ and living in Genesee or Shiawassee Counties may be eligible for this program. For more information contact Allie or Norma at (810) 232-9220.

RETIRED SENIOR VOLUNTEER PROGRAM - RSVP

Volunteer opportunities are available for qualified seniors; call Karen Reid at (810) 760-1092 for more information.

SENIOR WORK PROGRAM

Any resident of Genesee County age 55+, with limited financial resources, may be eligible. For more information call Antoinetta Williams at (810) 766-1470. Get back into the workplace. Sponsored by the AARP Foundation.

INTERGENERATIONAL PROGRAMS

INTERGENERATIONAL PEN PAL PROGRAM

June - August. The goal is to increase communication skills and bridge the generation gap between 3rd grade children and older adults. This is accomplished through written communication and the sharing of experiences between two generations. **An application is available on the last page of this newsletter or call the LSCC office for more information 735-9406**

SUPPORT GROUPS

ALZHEIMER'S ASSOCIATION SUPPORT GROUP AT LSCC 1st Wednesday, 6:00 p.m. Do you know anyone who has Alzheimer's? Are you a care-giver, family member or friend of someone who has memory loss? Please attend.

TRANSPORTATION

MASS TRANSPORTATION AUTHORITY (MTA) YOUR RIDE service available throughout Genesee County, for senior citizens and mobility-impaired; call (810) 744-4515.

ON THE MOVE Limousine and bus service. Reasonable fees. 810-232-9956

HIGHWAY TO HEALTH Jewish Community Services provides transportation outside of Genesee County for medical appointments, Monday through Thursday, to Ann Arbor, Detroit, Lansing and Saginaw. Cost is based on ability to pay and Medicaid accepted. Call (810) 767-5922 for information.

LSCC EVENT TRANSPORTATION Need a ride to a Loose Event? Call us, we have volunteers that may pick you up to attend an event.

EXTRAS

FREE FLINT JOURNALS

Monday through Friday courtesy of WFNT 1470.

FREE LHS SPORTS PASSES

(Linden High School) are available in the office.

MAGAZINE RACK

We have six of the latest popular magazine titles for you to enjoy reading while you are at the Loose Center. These can be found in the Activity Center. Sponsored by the McConnell Funeral Home.

GREETING CARDS We have a lovely selection available for .25 or 5 for \$1.00.

NO CHARGE FOR DIRECTORY ASSISTANCE

Phone companies are charging \$1.00 or more for 411/information calls. When you need to use 411/information option, simply dial 1-800-FREE-411 or 1-800-373-3411 without incurring a charge.

DO NOT CALL REGISTRY

1-888-382-1222 or www.donotcall.gov to reduce Telemarketing calls within three months.

FUNDING

The Loose Senior Citizen Center is funded in part by Southern Lakes Regional Metropolitan Parks and Recreation millage, Community Development Block Grants through the cities of Fenton and Linden, Argentine and Fenton townships, Additional funding and support from the Harding Foundation, The State Bank, businesses and individuals.

GIFTS

A memorial or honorary gift for LSCC is a meaningful way to remember a special person in your life. Your expression of thoughtfulness and generosity is acknowledged to the person or family designated. If you wish to make such a memorial gift, you may use an envelope from the funeral home or your own. Please identify the memorial for whom the gift is made, or in whose honor. Make your gift to the Loose Senior Citizen Center, 707 N. Bridge St., Linden, MI 48451. Gifts will be used to fund programs and services at the Center. Contributions to the LSCC Endowment Fund should be sent directly to the Center. Gifts qualify for income tax deductions to the full extent of the law.

FYI

Lost and Found located in the Loose Hall foyer. Check for lost umbrellas, glasses cases and other forgotten items.

Suggestion Box located at the Reception Desk. Let us know what you think!

Wish List

Current Needs:

Newer Computers for our AARP Tax Program
New Table Tennis Table

COUPONS

**CUT THIS COUPON AND BRING TO LSCC
For the opportunity to win**

**\$5 Big Boy Coupons
& Legends Discount Card**

**Must present coupon to
receive two drawing tickets**

NEW MEMBERS

Diane Banyas
Michael Beito
Barbara Daniel
James Hudson
Nancy Hudson
Irene Krause
Tony Lenzi

Nathan Puckett
Jack Ramsey
Lynne Ramsey
Doris Reynolds
Edward Reynolds
Shelley Walker

We now have membership cards! If you have paid your dues for the year 2006 –2007, and haven't received your membership card, please stop by the office and pick up your card.

MEMBER ADVANTAGE

LINDEN SUBWAY CARD

The Loose Center offers a Subway punch card (4 punches per card). Receive free chips and a pop with the purchase of a six-inch sandwich. Pick up your card in the Loose office.

GOLF AT SHIAWASSEE SHORES

Enjoy this 9-hole golf course for only \$5 each time you play; call LSCC office for more information.

POWERHOUSE GYM

Seniors who show their LSCC membership card get full access to the gym facilities for a discounted price of \$225 per year. (Compared to \$348). Those interested can purchase their gym membership at the Powerhouse Gym which is located at 1376 N. Leroy, Fenton.

MONTHLY NEWSLETTER DRAWING

LINDEN HIGH SCHOOL FREE DINNER

MOVIE RENTAL LIBRARY Free to members or 3/\$.50 or \$.25 each for a week; choose from a large list.

VOLUNTEER OPPORTUNITIES

Garden/Beautification volunteers needed, call the Center for information

Special Events volunteers needed, call the Center for information

Travel Calendar

Complete trip flyers may be picked up in the Center

February 7	Motor City Casino	\$25
February 19	Cornwall/Turkeyville "Sleepy Time Murders"	\$75
February 21	Greektown Casino	\$25
March 3-10	Myrtle Beach	\$709
March 7	Soaring Eagle Casino	\$35
March 18-19	The Grande Hotel at Mountaineer Race Track	\$76
March 21	Greektown Casino	\$25
March 25-29	Atlantic City	\$TBD
March 29	Gerald Ford Museum	\$50
April 2	Cornwall/Turkeyville "Always Patsy Cline"	\$75
April 11	Casino Windsor	\$17
April 25	Greektown Casino	\$25
May 8-9	Holland Tulip Festival	\$239
May 9	Motor City Casino	\$25
May 16-21	Branson	\$899
May 17	R-E-S-P-E-C-T at the Gem Theatre	\$93
May 23	Greektown Casino	\$25
May 31-June 11	Ireland	\$2399
June 4	Cornwall/Turkeyville "The Nunsense A-Men"	\$75
June 20	Greektown Casino	\$25
June 21-24	Kentucky Music Trail	\$609
July 12	Wicked	\$119
August 8	Sea of Fools at the Purple Rose Theatre	\$70
September 10	Cornwall/Turkeyville "Best Little Whorehouse"	\$75
October 27-Nov. 9	Glorious Greek Isles Cruise	\$3935
December 3	Cornwall/Turkeyville "The Night Before Christmas"	\$75
December 7	Greektown Casino	\$25

Extended Trip Prices Based on Double Occupancy

All Casino Day Trip packages include: The price per person and transportation:
all buses leave from Fenton K-Mart at 12 noon and return at 8:30 p.m.

2006

Casino Windsor Package: \$15 food or coin voucher

Greektown Casino Package: \$15 coin voucher

NEW NEW NEW: You can sign up and pay with Visa online! www.looseseniorcenter.org

Loose Senior Citizen Center Responsibility/Disclaimer Statement

Loose Senior Citizens Center (LSCC) acts only as an agent for the independent suppliers that provide hotel accommodations, transportation, sightseeing activities, or other services connected with these tours. All such services are subject to the terms and conditions of those suppliers. LSCC, its employees, agents, directors, representatives, and assigns are not responsible for any injury, damages, expenses, or losses of any kind sustained by any person as a result of participation in these tours.

NOTE: All persons traveling to Canada must have a certified copy of their birth certificate and photo identification or a passport; no exceptions. All casino packages are subject to change without notice. Proper identification and Social Security Card required to collect prizes over the amount of \$1,199. Call for

HIGHLIGHTS

2007 RUMMAGE SALE

The Center's biggest fundraiser of the year will be held on **April 20-21**.

The Loose Center is taking rummage sale items now!

Large items will only be accepted the week prior to the sale in April. If you are interested in volunteering to help with this event please give us a call at (810)735-9406.

NO BOOKS, RECORDS,
CLOTHES, OLD
OUTDATED COMPUTERS, OR
LARGE EXERCISE EQUIPMENT WILL
BE ACCEPTED!

All Items must be clean and in working condition.

Items may be dropped off Monday-Friday from 9:00 a.m. – 3:00 p.m.

"Blast From the Past" Adult Prom

Music from the 40's to the 90's
"Celebrity" Entertainment

Fenton Village Players Fundraiser
March 24th 7:00 p.m.-1:00 a.m.

At the Fenton Township Hall

Tickets \$30 available at Gerych's Florist and Little Professor Bookstore. Call the FVP at 810-750-7700

Donate Your Old Cell Phones!

The Loose Senior Citizen Center has partnered with the National Council on Aging (NCOA) to raise funds for our Center. We are collecting used cell phones. Please drop them off at the Center in the drop box in the foyer. As soon as we have 50, we can ship them and we receive a check back. We could raise as much as \$3-\$30 per phone. Ask family and friends to save their old phones to donate to the Center.

Come Join the Loose Choir

We need you to sing in the Loose Choir! The choir meets in the Loose Hall at **4:30 p.m. on Thursdays**. Lynn Ferguson, former Fenton High School vocal teacher, and Pam Goodman-Reeves are Co-Directors.



The Loose Choir entertains at the December Sing-along

**Advertise on the
Loose Senior Center Website
www.looseseniorcenter.org**

Advertising Rates

Ad type	Size	Price
Banner	468x60	\$250
Skyscraper	160x600	\$250
Button	120x60	\$75
E-mail Sponsor	250x250	\$150

65% of potential future customers will research your business online.

The Fenton Expo is a new weekend in 2007
Save the dates March 10 & March 11
Look for the LSCC booth!

**Loose Senior Citizen Center
707 N. Bridge St.
Linden, MI 48451**



SENIOR CITIZEN PEN PAL APPLICATION

Please print information & return completed form by Friday, May 5th

to: **Loose Senior Citizen Center, 707 N. Bridge St., Linden, MI 48451**

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP CODE:** _____

PHONE: _____ **AGE:** _____ **(OPTIONAL)**

E-MAIL: _____

**Please list your favorite hobbies/
interests** _____

Requirements: Students and adults will make a commitment to correspond by writing letters or E-mail to one another on a weekly basis during the summer months. Students and adults will be assigned based on similar hobbies and interests. Assignments will be made and both parties notified prior to the beginning of summer vacation. A party will take place when the program has been completed in August.